

# Clinical Breast Examination Course

The Manchester University NHS Foundation Trust Breast Surgery Department & the National Breast Imaging Academy has developed a Clinical Breast Examination course for GPs, nurse practitioners, breast clinicians, breast physicians, physician associates, specialist breast care nurses, family history nurses and Advanced Clinical Practitioners new to breast care.

This course aims to provide clinical development and communication skills required for clinicians working within a clinical breast environment, enabling delegates to develop specific knowledge base and skills set in clinical breast examination. As part of this course the delegates will learn breast examination theoretical and practical skills, the importance of good communication, how to take effective clinical history and gain a knowledge on breast pathologies and different referral pathways.

This course will commence with two days theoretical and practical training in Manchester, followed by 6 month in-house training at your local breast unit. As part of registering for this course you must seek and confirm access to your local breast unit or confirm you will gain enough exposure to breast patients in your area of work.

**For more information please contact:**  
[breastacademy@mft.nhs.uk](mailto:breastacademy@mft.nhs.uk)



## Course Commences

11th & 12th October 2022

## Course Duration

2 days of teaching/ practical training and 6 months external study



## Location

The Nest

<http://www.thenestmanchester.co.uk/>



## Course Cost

£795

*Lunch and refreshments will be provided.*



## Register Here

[breastacademy@mft.nhs.uk](mailto:breastacademy@mft.nhs.uk)

**ABS  
Recommended**

## Learning Objectives

- Have a basic understanding of breast anatomy and physiology
- Learning how to take a relevant clinical history within the breast clinic
- Have an overview of benign and malignant breast pathologies
- Learn the theory behind breast examination techniques and practice case based breast examinations
- Feel confident in communicating with highly anxious patients and having difficult conversations

## Entry Requirements

- Permission to undertake clinical breast examination at your local breast unit to enable access to practice.
- UK Registration (NMC, GMC, HCPC)

## Assessment

### Portfolio

- Logbook of 50 clinical breast examinations
- Clinical assessment of 5 clinical breast examinations within each delegate's local Breast Unit

### Assignments

- 5 reflective assignments, one to be submitted each month on a different learning outcome.

**Trainee breast clinicians enrolled in the Credential in Breast Disease Management are welcome to attend this course. Their assessment will remain as detailed in the Credential curriculum.**

## Programme

### Day One

1. Welcome, Introduction & housekeeping
2. Breast anatomy, physiology & breast symptoms
3. History taking
4. Referral pathways & breast examination theory
5. Breast pathology
6. What's expected - portfolio, assessment and assignments

### Day Two

1. Communications Training (Maguire Communication Skills Training delivered by the School of Oncology at the Christie NHS foundation Trust)
2. Breast examination - practical

